

Before & After School Programs

Extended Day • Enrichment



Heritage Oak

16971 Imperial Highway | Yorba Linda, CA 92886
714-524-1350

Fall 2022



Enrichment



Academic

Up Up and Away

STEM + Art: Students will learn about “things that go up” through examples and experiments, hands-on-creating, stories and songs. There are so many things to explore – Bubbles, Airplanes, Escalators/Elevators, Hot Air Balloons, Rockets, Balloons, and even Clouds! Let’s have fun and go UP UP and AWAY!

Grades: PS/PK

Weeks Offered & Time: Wednesdays (9/21, 9/28, 10/5, 10/12, 10/19, 10/26), 3:15pm-4:00pm

Cost: \$175

Instructor: Ms. Mcleod

Fall in Love with STEM

Children in this class will learn all about STEM (Science, Technology, Engineering, and Math)! With exciting and unique topics each day, they will get exposure to a wide variety of STEM learning and fun activities.

Grades: PS/PK

Weeks Offered & Time: Tuesdays (9/20, 9/27, 10/4, 10/11, 10/18, 10/25), 3:15pm-4:00pm

Cost: \$175

Instructor: Ms. King

Groovin’ with Pete

Groovin’ with Pete class will introduce concepts of literacy (beginning sounds) and math (counting, fine motor, gross motor, and craft). These fun learning activities will be book-inspired. We will read a book every class meeting, and then work on art projects relating to what we read. Students will also explore real-life experiences and how they can relate to them.

Grades: PS/PK

Weeks Offered & Time: Mondays (9/19, 9/26, 10/3, 10/10, 10/17, 10/24), 3:15pm-4:00pm

Cost: \$175

Instructor: Mrs. Montiel

AR ROCKSTARS

Does your child want to be an Accelerated Reader (AR) Star? Students will explore the library with Mrs. Kimmel to find their favorite books and series within their reading levels. They will also learn important skills and strategies to stay strong in AR all year long! Students will be monitored and motivated to stay on track to reach their AR goals.

Grades: 1st – 5th Grade

Weeks Offered & Time: Mondays, Tuesdays, or Wednesdays

Mondays (9/19, 9/26, 10/3, 10/10, 10/17, 10/24)

Tuesdays (9/20, 9/27, 10/4, 10/11, 10/18, 10/25),

Wednesdays (9/21, 9/28, 10/5, 10/12, 10/19, 10/26)

3:30pm-4:30pm

Cost: \$175

Instructor: Mrs. Kimmel

Science of Slime

Does your child like to make SLIME? Making slime is not only fun but also educational! We will learn the properties of polymers and explore the science behind making different types of slime using materials every week!

Grades: JK – 5th Grade

Weeks Offered & Time: Thursdays (9/22, 9/29, 10/6, 10/13, 10/20, 10/27), 3:30pm-4:30pm

Cost: \$175

Instructor: Mrs. Kimmel



Little Artist

Each class meeting will allow students to focus, discuss and explore a different artist. They will then create their own unique versions of the artist's famous work.

Grades: PS/PK

Weeks Offered & Time: Thursdays (9/22, 9/29, 10/6, 10/13, 10/20, 10/27), 3:15pm-4:00pm

Cost: \$175

Instructor: Mrs. Ibay

Lil' Ballerinas

This will be a fun ballet class focusing on the basics of ballet. Additionally, young dancers will hear stories and create crafts based on ballet.

Grades: PS/PK

Weeks Offered & Time: Thursdays (9/22, 9/29, 10/6, 10/13, 10/20, 10/27), 3:15pm-4:00pm

Cost: \$175

Instructor: Mrs. Humphries



Our school is a part of the Tri-Way League along with 11 other private schools throughout Orange County. The league is competitive, and each season all our teams compete for a championship. The league is separated into two groups based on age range: Middle School or MS (6th-8th) or DSL (4th-6th).

MS teams will compete in a regular season, and once the season is complete, the top 6-8 teams are seeded into a short (2-3 game) single elimination playoff, with a big, exciting, highly attended Championship Game at a neutral location for the 2 finalists.

DSL teams will play every team in the league once, and the team with the best overall record at the end of the season will claim the championship.

Team Transportation: Our teams will travel via bus to/from all away games. Home volleyball and basketball games will be played in our gymnasium. Home football and soccer games played at Vista Del Verde Park less than a mile down the street (football and soccer PRACTICES are held on yard 3). Parent volunteers will be relied upon to help shuttle student-athletes to our home field during football and soccer seasons.

Sport Seasons & Tryout Dates

Fall Sports

Boys Flag Football (Sept – Nov) | Tryouts: 9/12 & 9/13

Girls Volleyball (Sept – Nov) | Tryouts: 9/12 & 9/13

Winter Sports

Boys Basketball (Nov – Feb) | Tryouts: 11/7 & 11/8

Girls Basketball (Nov – Feb) | Tryouts: 11/7 & 11/8

Spring Sports

Coed Soccer (Feb – April) | Tryouts: 2/6 & 2/7

Boys Volleyball (April – May) | Tryouts: TBD (MS ONLY)

NEW THIS YEAR! Girls Flag Football (April – May) | Tryouts: TBD (MS ONLY)

NEW THIS YEAR! Golf | Tryouts: TBD (MS ONLY)

Tryouts:

With the ever-growing popularity of after-school sports within our school community, **we will be introducing tryouts and limiting roster numbers for our after-school sports teams this year.** Limiting roster sizes creates an optimal environment for our student-athletes and will allow our coaches to provide them with more focused and quality instruction. Our coaches will hold 2 closed tryouts for each team (DSL and MS) to determine our rosters for each season. Interested participants should plan to attend both tryout days. Our coaches will evaluate each player fairly based on his/her tryout, and final team rosters will be decided based upon skill/ability level, as well as team fit. We are asking for a full game commitment from each student who tries out.

What if my child is not selected to the team roster?

We will attempt to offer less competitive “Blue Teams” for 4th – 6th grade students that do not make the DSL roster. The Blue Teams will practice, scrimmage, and play a few scheduled semi-competitive games against other schools with beginners. The formation of these extra teams, however, will be determined by the number of interested participants and the availability of our coaches.

In the case of a MS student who does not make the roster, we like to offer team assistant positions such as stats recorder, videographer, equipment manager, scorekeeper, line judge, or practice team player if he/she would still like to be a part of the team.

We understand that these roster decisions will inevitably bring disappointment to some of our students, and we are very sensitive to this fact. Our Athletic Director and our coaches will always be available to encourage and build up any of our students who are feeling down after rosters are posted. Please let us know if you can do that for your son or daughter throughout the year. We do ask that you please be respectful of our coaches and refrain from challenging the roster decisions once they have been made.

Volleyball Tryouts will take place in the gym on September 12 & 13 from 3:15pm-4:30pm. Players should attend both days of tryouts. Players can be picked up after tryouts on YARD 2 at 4:35pm. Recommended gear: athletic clothes/shoes and knee pads.

Football Tryouts will take place on YARD 3 on September 12 & 13 from 3:45pm-5:00pm. Players will attend extended day immediately after school to work on homework before being dismissed to YARD 3 by the extended day teachers at 3:45pm. Football players can be picked up after tryouts on YARD 3 at 5:00pm. Recommended gear: athletic clothes/shoes (NO CLEATS).

If your child is unable to attend our tryouts, please let the Athletic Director know prior to Monday, September 12, so a makeup tryout can be planned during PE class.

FINAL ROSTERS WILL BE EMAILED ON THE EVENING OF 9/13, AT WHICH POINT OFFICIAL TEAM PRACTICES WILL COMMENCE.

Registration: After team rosters are posted, those selected will receive a registration email. Registration will be open for one week and all players MUST be registered by closing to be added to the final game roster.

Uniforms: All players will receive a team uniform before the first game. Uniforms are loaned out and will need to be returned at the end of the season. Coaches will reach out to their teams about an extra equipment that is needed for each team.

Team Calendars: Please review the team calendars thoroughly to ensure your child can make a full commitment to the team before tryout out.



Other Enrichment

Fall into Fine Motor

Get into the fall spirit with hands-on activities that will strengthen your child's fine motor skills! The children will engage in a variety of fall themed group activities, as well as individual centers that emphasize building their hand and finger muscles. Join the fun as we make our own pumpkin spice play-dough together, create our own "spider escape" bins, and more!

Grades: PS/PK

Weeks Offered & Time: Tuesdays (9/20, 9/27, 10/4, 10/11, 10/18, 10/25), 3:15pm-4:00pm

Cost: \$175

Instructor: Ms. Bird

Character Counts

Students will learn how to treat others with kindness and respect through a series of activities that help them work together and learn what being kind means. Some activities include: brainstorming what a "kind kid" says, does, and is, thinking of times when someone was kind to them, participating in compliment circles, deciphering between good choices and bad choices, reading stories about respect and kindness, and completing an acts of kindness challenge. Students will also complete crafts that remind them of what we have learned.

Grades: PS/PK

Weeks Offered & Time: Mondays (9/19, 9/26, 10/3, 10/10, 10/17, 10/24), 3:15pm-4:00pm

Cost: \$175

Instructor: Mrs. Lawrence

Fall into a Good Book

Every week we will explore stories with heartwarming themes perfect for this time of year. In September, we will focus on back to school themes and then Fall/seasons in October. After story time, we will have fun with games, songs, and crafts related to the books. Emphasis will be on enjoying books and making them "come alive!"

Grades: PS/PK

Weeks Offered & Time: Wednesdays (9/21, 9/28, 10/5, 10/12, 10/19, 10/26), 3:15pm-4:00pm

Cost: \$175

Instructor: Mrs. Salinas

Cooking Class

Calling all young chefs! Tie on your aprons, put on your chef hats, and get ready for a fun-filled six weeks of cooking, learning, and laughter! Each week we will make a new, delicious treat, enjoy it, and add it to our very own recipe books! Mrs. Snyder can't wait to have fun in the "kitchen" with you!

Grades: JK – 5th Grade

Weeks Offered & Time: Thursdays (9/22, 9/29, 10/6, 10/13, 10/20, 10/27), 3:30pm-4:30pm

Cost: \$180

Instructor: Mrs. Snyder

Sign Up Now!

Registration Closes September 15

Day of Session	Dates (6-week Session)
Monday	9/19, 9/26, 10/3, 10/10, 10/17, 10/24
Tuesday	9/20, 9/27, 10/4, 10/11, 10/18, 10/25
Wednesday	9/21, 9/28, 10/5, 10/12, 10/19, 10/26
Thursday	9/22, 9/29, 10/6, 10/13, 10/20, 10/27

Sessions By Day

<i>Monday</i>	
	Character Counts
	Groovin' with Pete
	AR ROCKSTARS
<i>Tuesday</i>	
	FALL in Love with STEM
	FALL into Fine Motor
	AR ROCKSTARS
<i>Wednesday</i>	
	UP UP and Away
	FALL into a Good Book
	AR ROCKSTARS
<i>Thursday</i>	
	Little Artist
	Lil' Ballerinas
	Science of SLIME